

Our culture of compassionate care

Livewell Southwest has adopted the 6 C's of nursing.

Care

Caring defines us and our work. People receiving care expect it to be right for them consistently throughout every stage of their life.

Compassion

Compassion is how care is given through relationships based on empathy, respect and dignity.

Competence

Competence means all those in caring roles must have the ability to understand an individual's health and social needs.

Communication

Communication is central to successful caring relationships and to effective team working. Listening is as important as what we say and do.

Courage

Courage enables us to do the right thing for the people we care for, to speak up when we have concerns.

Commitment

A commitment to our patients and populations is a cornerstone of what we do. We need to build on our commitment to improve the care and experience of our patients.

Visiting times

Afternoons: 2pm - 4:30pm
Evenings: 6:30pm - 8pm

Relatives and friends can contact you by calling on 01822 611614.

Contact details

Tavistock Hospital

Spring Hill
Tavistock
PL19 8LD

Tel: 01822 611614

Email: PCHCIC.tavistockhospital@nhs.net

www.livewellsouthwest.co.uk

 Livewell Southwest

 @livewellsw

Welcome to Tavistock Hospital



Information for patients
on what to bring with them
when coming in to
Tavistock Hospital.

Supporting people to be Safe, Well and at Home

Livewell
Southwest

General items to bring with you

- Tissues
- Soap and shampoo
- Toothpaste and toothbrush
- Denture pot
- Shaving cream and razor
- Any prescribed medicines
- Continence pads (if prescribed)



Items of clothing to bring with you

- **Day clothes** (2 sets)
- **Nightwear** (2 sets)
- **Dressing gown**
- **Sensible footwear** (for rehabilitation)
- **Walking aid** (if used)
- **Mobile phone** (if you have a mobile phone, please charge it at home before you come in, if possible)
- **Laundry** (we are unable to wash patients laundry at the hospital. Please remember to collect dirty washing when you visit your friend / relative)

Personal property disclaimer

Tavistock Hospital cannot accept responsibility for the loss of or damage to the personal property of patients or visitors.

Information for relatives & visitors

Visiting times:

2pm - 4:30pm & 6:30pm - 8pm

If you need to arrange a visit outside of the set visiting times, please speak to a member of staff prior to the visit.

We have a protected mealtime policy here at the hospital.

We have a telephone that you can use to contact a relative or friend if you need them to bring in anything that you need. The number is 01822 611614.

When you leave hospital

Once your discharge has been planned, we would be grateful if you could ask a friend or relative to pick you up whenever possible.

