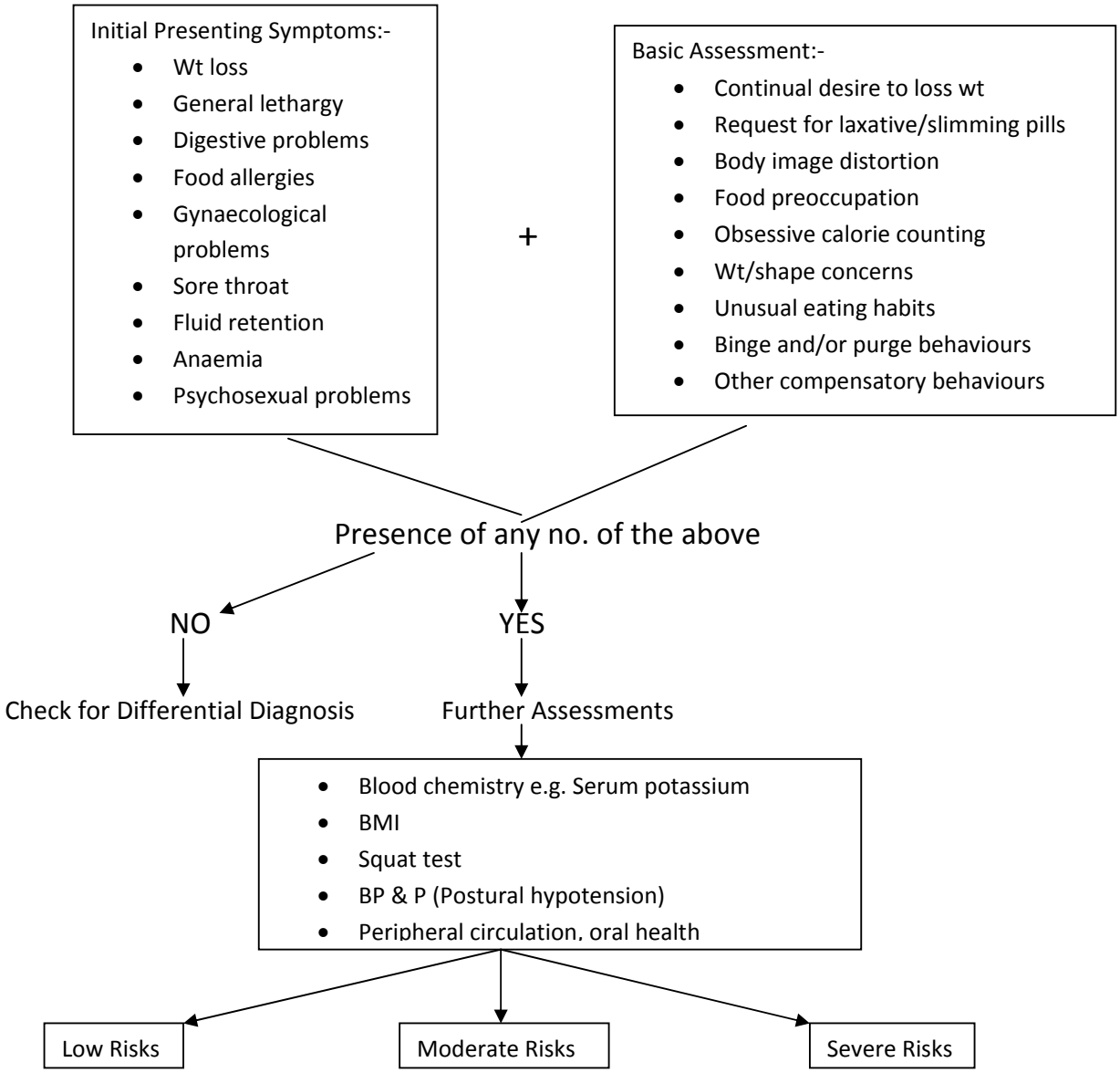
Initial Presenting Symptoms:-
Wt loss
General lethargy
Digestive problems
Food allergies
Gynaecological problems
Sore throat
Fluid retention
Anaemia
Psychosexual problems
+
Basic Assessment:-
Continual desire to loss wt
Request for laxative/slimming pills
Body image distortion
Food preoccupation
Obsessive calorie counting
Wt/shape concerns
Unusual eating habits
Binge and/or purge behaviours
Other compensatory behaviours
Presence of any no. of the above
NO
YES
Check for Differential Diagnosis
Further Assessments
Blood chemistry e.g. Serum potassium
BMI
Squat test
BP & P (Postural hypotension)
Peripheral circulation, oral health
Low Risks
Moderate Risks
Severe Risks