

**Gates Open Tea Shop** 

from 10.30 am Until 3.30 pm

10.00 am

Selling tea, coffee, cold drinks and a selection of homemade cakes.

Barbecue	from 11.00 am
	Until 2.00 pm

il 2.00 pm

Serving burgers and hotdogs

Workshop \*

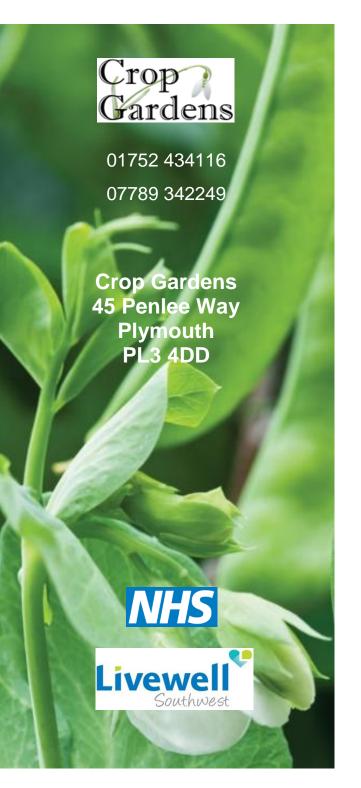
11.30 am

Learn to plant & arrange a hanging basket. Take your finished basket home.

**Gates Close** 

4.00 pm

\*Workshop places are limited to 10. Cost per place is £10 in advance or £15 on the day. To book a place on a workshop email nicholas.bowman-powell@nhs.net or call 07789 342249



CROP GARDEN OPEN DAY

Live Music 880

Saturday 30<sup>th</sup> June 2018 **Free Entry** All welcome Lots to see and do Penlee Way, PL3 4DD

## WHAT'S ON

Crop Gardens is a green space in the heart of the city of Plymouth offering Horticultural Therapy, promoting mental wellbeing.

**ABOUT US** 

We are opening our doors on Saturday 30<sup>th</sup> June to celebrate 70 years of the NHS with a variety of stalls and activities for both children and adults, based around food craft and education.

We hope to raise £500 to develop a quiet relaxation room and a wood working area at Crop.

For more information please contact Steps Vocational Service on 01752 434 116.

- CRAFT STALLS
   Selling arts and crafts items produced at Crop and by other local craft artists.
- PLANT SALES Selling plants sown or propagated at Crop
- TAMAR GROW LOCAL
   A social enterprise promoting sustainable local food production in the Tamar Valley.
- **DUCHY COLLEGE** Offering education and support in art and horticulture.
- HORTICULTURAL HEALING
   Offering horticultural therapy for
   people living with mental health
   issues.
- DRAKE SAILING CLUB Charity enabling people with disabilities to experience sailing.

"Working with plants will teach you all other social commitments in a soothing way..."

Karthikeyan, V