

Who we are

The team consists of Mental Health Nurses, an Occupational Therapist, an Assistant Practitioner and Support Time Recovery Workers.

The service operates with an emphasis on recovery and social inclusion, providing a service over a 7 day period working flexible hours.

The Community Recovery Team helps to promote social inclusion for service users who are both in-patient and community based.



Contact details

Community Recovery Team

Baring Street,
Plymouth,
PL4 8NF

Tel: 01752 435905



Livewell Southwest



@livewellsw

The Community Recovery Team



Weekly Social
Inclusion Groups

Supporting people to be Safe, Well and at Home

Social Inclusion Activities

The Community Recovery Team, is committed in providing social inclusive activities for their service users.

All of the groups are open to male and females.

These include:

- **Golf Group**
- **Tenpin Bowling**
- **Fishing Group**
- **Snooker Group**

In order for service users to access these groups we ask that staff make an appropriate referral to Community Recovery Team on system 1.

Golf Group



This group is run every other Tuesday at Central Park Pitch and Putt. You are asked to meet staff at 10.45am ready for a 11.00am start. Price £4 for nine holes, equipment is supplied. If the weather is bad we use an alternative venue which is the Driving Range, Haye Road, Elburton. Price £5 for 100 balls, equipment is supplied.

Fishing Group

This group runs every other Tuesday, the main fishing spots we use are Mount Batten and Mount Wise. Price £2 per person, limited equipment supplied. Please contact the office at the latest Monday afternoon prior to the group, so the correct



Snooker/Pool Group

This group runs every Wednesday at the Plaza Snooker Hall, Bretonside. You are asked to meet staff at 10.45 ready for a 11.00am start. Price £4 per hour per person, cues are supplied.



Ten Pin Bowling Group



This group runs on a Tuesday if the weather does not permit the Golf & Fishing Group to take place. Service Users are encouraged to use their own initiative to contact the CRT office to see if groups are taking place.