

Plymouth Veterans Breakfast Club:

1st Saturday of the month 10am
Patricia & William Venton Centre, Mount Gould
3rd Sunday of the month 10am
William Venton Centre, Plymstock
Contact: 07716727630 for more info

Frontline Veterans Support:

PTSD peer support group
Meet every Wednesday from 10am
Salvation Army Whiteleigh
Contact: <http://frontlineveteranssupport.org/contact-us/>

Veterans Peer Support:

Ivybridge Veterans Coffee Morning
Meet every Monday from 11-1pm
Ivybridge Methodist Church
Contact: Trevor on 07965 319683

WRNS Coffee Morning:

Last Wednesday of every month
Theatre Royal Café from 1030

Royal Navy Association:

Meet 3rd Wednesday of every month
WO & SR Mess HMS Drake
Contact: Arthur on 01752 849176

RAF Regiment Association:

Meet 1st Tuesday of every month at 12noon
RAFFLES (ex-RAFA club), Mutley Plain
Contact: Eileen on 01752 787494

TRBL Coffee Morning:

First Monday of every month
Pop-in Centre, Armada Way from 11:30

Veterans Friday for WIS veterans:

Every Friday at Help for Heroes from 10am
Contact: 01752 562179 or email Plymouth.supporthub@helpforheroes.org.uk

Legal Advice and Signposting:

Employment Law Clinic:

Plymouth University

Student led clinic, term time only

01752 585847

<https://www.plymouth.ac.uk/courses/undergraduate/lb-law/south-west-employment-rights-centre-swerc>

Family Law Clinic:

Plymouth University

Student led clinic, term time only

Appointments on Wednesdays from 2-5pm

01752 585502

<https://www.plymouth.ac.uk/courses/undergraduate/lb-law/family-law-clinic>

Wolferstans Solicitors:

- Free advice & signposting drop in clinics at Memory Café & Tavistock Library
Call 01752 663295 for times and dates.
- Help for Heroes beneficiaries can book a free 30 minute appointment via H4H
- Free Family Law clinic at our Plymstock Office on Mondays, book by calling 01752 401515
- Service personnel & veterans can call our armed forces co-ordinator on 01752 292274 for advice & signposting or email nmason@wolferstans.com

Forces Law:

Network of law firms offering information & advice on all matters 24/7

Call 0845 601 1260 or email enquiries@forceslaw.com

<http://www.forceslaw.com>

C&C Family Law

Free initial meeting <http://www.candcfamilylaw.co.uk/consultation.htm>

Call 01752 222211 or email infor@candcfamilylaw.co.uk