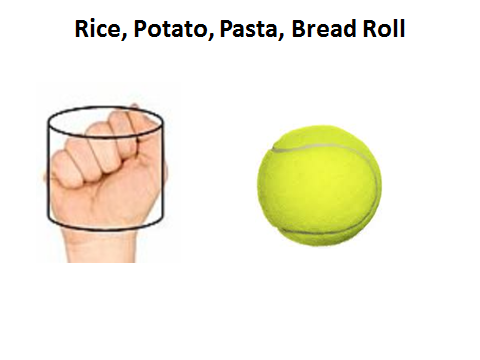
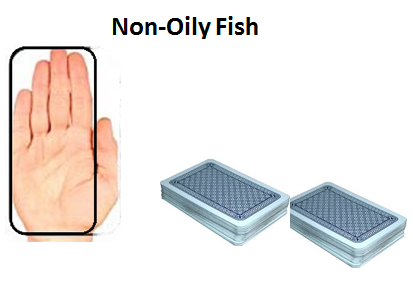
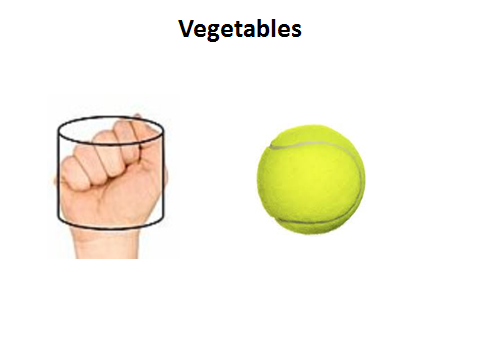
**Portion Sizes**

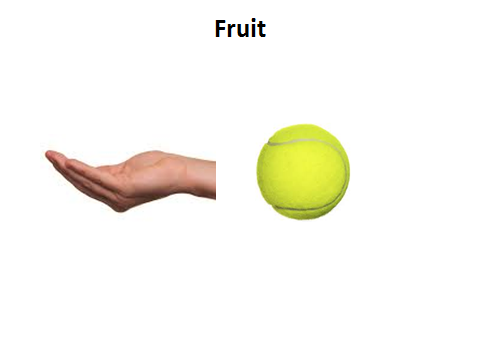
**Bread (1 slice)** 















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