

Your **phone will ring** at the **when your therapist is ready**

You should be able to see and speak to someone who can help

Need extra help setting up your App or your appointment?

Phone your therapist!



How to see and speak to your therapist on your mobile phone

M	Tu	W	Th	F
✓	✓	✓	✓	✓



We support people to lead independent, healthy lives

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You could speak to someone on your phone or laptop if you cannot be seen in person

You will need:

A smart phone OR



A laptop AND



A secure **wifi** connection



Ask someone to help you:

Download the Livewell Southwest Connect **App**



Phone the **your therapist** on their normal number

to book you appointment



You will **get** a **text** message

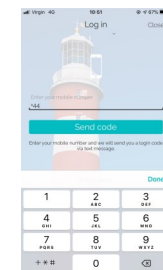
Hello! Welcome to your video consultation with Livewell Connect at Livewell
Wednesday, March 4, 2020
9:35 AM. Start our app and log in to connect. To download the app or connect to the consultation on a computer, visit: <https://gb.visibacare.com/livewell/connect>

Open the Livewell Connect App: **Press 'My Pages'**



Press 'Log in'

Press: **Text Message**



Type your phone **number**

Type in the **5 digit code** you get in a **text message**