



Compliments, comments & complaints

If you'd like to compliment, comment or complain about our service please contact:

Customer Services Department

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Contact details

The Thornberry Centre

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Opening times:

Mon - Fri: 8:30am - 4:30pm

www.livewellsouthwest.co.uk



Livewell Southwest



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Prosthetics Rehabilitation Service



How to put on your
prosthesis with a
suspension sleeve

Supporting people to be Safe, Well and at Home

Putting on your prosthesis using a Suspension sleeve

- 1** Remove brown Juzo shrinker if worn



- 2** Pull a sock on to your residual limb ensuring there are no wrinkles (Figure 1)



- 3** Pull the liner on to your residual limb ensuring patella tendon bar is over the patella tendon (just below the knee cap) (Figure 2 and 3)



- 4** Sit at the front of the chair. Keep the heel of the prosthesis on the floor. Tilt the leg backwards and with the knee slightly bent, push the liner and your residual limb into the socket. (Figure 4)



- 5** Using the palm of your hands gently smooth the suspension sleeve up your leg ensuring that at least one inch (5 cm) of sleeve is against your skin. (Figure 5 and 6)



- 6** If your socket feels too loose, add extra cotton socks. If more than one sock is worn, they should be put on separately. Both thick and thin socks are available. If your socket feels tight, try a thinner cotton sock.



- 7** If your socket is still loose with three thick socks or tight with one thin sock contact the centre for advice.