

<u>EMHP's can work with the following:</u> Mild to moderate presentation	<u>EMHPs cannot work with:</u> Significant levels of need /complex presentation
Low mood / mild depression <i>(intervention with young person)</i>	PTSD, eating disorders, body dysmorphia, bipolar disorder, assessment for neurodevelopmental or learning needs
Generalised anxiety/worry, simple phobias, panic, social anxiety, mild OCD <i>(intervention with young person or parent/carer)</i>	Severe symptoms with significant impact across multiple settings, or multiple co-existing difficulties No motivation to change
Support for behavioural difficulties in children under 10 <i>(intervention with parent/carer)</i>	Severe, active, high-risk self-harm. Current suicidal plans, or recent suicide attempt
Lifestyle management, for example: sleep hygiene, managing stress, problem solving, mild SEN needs	Complex needs, including domestic abuse, significant instability in family, moderate additional learning needs in carer, risky substance use

