

Information

The Severe Eating Disorder Consultation and Assessment Service (SEDCAS) aims to support recovery in people with eating disorders by working collaboratively with colleagues in Livewell Southwest and Plymouth Hospital NHS Trust as well as our colleagues in primary care.

The Eating Disorder Service (EDS) is a prominent part of the eating disorder care pathway in Plymouth. Treatment includes both a day service programme, individual therapy as well as family therapy and guided self help. Referrals can either originate from GPs or self referrals. Please see the following link for more information on the service and contact details:

[https://
www.eatingdisorderserviceplymouth.co.uk/](https://www.eatingdisorderserviceplymouth.co.uk/)

SEDCAS Contact Details

Consultant Clinical Psychologist and Service Lead

Vicky Burnard

Eating Disorder Specialist Dietician

Tanya Mullin

Eating Disorder Specialist Nurse

Danielle Johns

Tel: 01752 435142

Internal: 35142

Email: livewell.sedcasservice@nhs.net

Hours of operation: Monday-Friday, 8am-4pm.

www.livewellsouthwest.co.uk

Severe Eating Disorder Consultation and Assessment Service (SEDCAS)



Tel: 01752 435142



Livewell Southwest



@livewellsw

Service Outline

SEDCAS is committed to promoting recovery in people with eating disorders by working together with colleagues in Livewell Southwest and Plymouth Hospital NHS Trust as well as our colleagues in primary care. This will happen through enhancing the delivery of safe and effective interventions appropriate to the person's individual stage on their journey to recovery, by contributing to existing services offering input to patients with moderate to severe eating disorders as well as providing strategic and clinical overview to the new eating disorder day service.

SEDCAS Can:

- Join CPA meetings
- Support development of CPA paperwork
- Attend / chair professionals only meetings
- Provide joint assessments
- Plan admissions and discharges to / from tertiary services with CMHTs, EDS, Glenbourne, Derriford
- Liaise and provide supervision and consultation to wards, teams, GPs, etc

- Deliver eating disorder focussed community work to GPs
- Plan transitions with CAMHS
- Deliver teaching and training
- Provide strategic and clinical overview of EDS Day Service
- Give specialist dietetic input
- SEDCAS team can provide input to joint assessments for new patients referred to the CMHTs.
- SEDCAS can work jointly with EDS Plymouth to ensure safe and competent care and access to the complete care pathway.
- As part of SEDCAS remit the service can provide eating disorder focused community work (GP's).
- SEDCAS can support and help plan transitions with CAMHS.
- SEDCAS can provide service specific teaching to other teams and professionals working with this patient group.
- SEDCAS can provide specialist dietetics input to individuals, groups and teams.
- SEDCAS can provide a nurse specialist role who can offer support in assessment, nursing, monitoring and care and treatment planning in conjunction with the allocated care coordinator.

- Provide to those who are under CMHT and with a primary diagnosis of an eating disorder physical health service to monitor a patients physical health in relation to their eating disorder and respond to risks accordingly.
- Provide an early intervention pathway for those presenting with an eating disorder for the first time in conjunction with the eating disorder service (EDS) and CAMHS eating disorder (ED) service.

Admission Criteria

SEDCAS is a service for those that are at high risk because of their eating disorder, with low BMI's and/or those who have lost significant weight, and/or those who are at risk of Hospital admission as a result of their eating disorder.

As per SEDCAS working policy individuals experiencing an eating disorder will only be able to gain access to the care pathway if they are aged 18 years (17.5 if transitioning from CAMHS) and above and have a **primary** diagnosis of an eating disorder.