

Request for Help

If you have concerns about your child's speech, language or communication, you or somebody who knows your child well, need to contact us in the first instance to discuss your concerns and the impact on your child. We will ask what you or their setting have put in place so far, and how well that has worked.

We may make some further suggestions or signpost you to other sources of support. We may be able to suggest some additional training to help a setting support your child. If we feel that some direct assessment or support from the service is required we will add your child to our waiting list for an assessment.



Contact details

Children's Speech and Language Service
Four Greens Community Trust
15 Whitleigh Green
Plymouth
PL5 4DD
Tel: **01752 434844**

Email: Livewell.childrens-sl@nhs.net

Website: www.livewellsouthwest.co.uk

Parent/Carer Training Sessions



Free virtual information sessions for parents and carers on a range of speech, language and communication topics.

The i-THRIVE Framework

The Children and Young People's Speech and Language Therapy Service is provided according to the i-THRIVE framework. This promotes prevention and early help for speech, language and communication needs. See our website for more information on the i-Thrive framework.



Parent/Carer Training



As part of our 'Getting Help' offer we deliver a range of virtual training sessions for parents and carers. You may be invited to book on to a session following a Request for Help call, or offered a space whilst your child is on the waiting list or on a caseload.

The training sessions are delivered by Speech and Language Therapists to small groups on Microsoft Teams. There will be some information and ideas from us on each topic and there may be an opportunity to share strategies that have worked for you at home.



If you are interested in attending one of these sessions please speak to your allocated therapist or contact the Admin Team on 01752 434844 to book a Request for Help discussion.

Sessions Available

'Attention Builders' will look at developing attention skills to support young children's communication.

'Signing to develop Speech, Language and Communication' explores why we sign and provides the chance to learn and practice a selection of everyday early language signs to get you and your child started.

'Speech and Cued Articulation' will talk about typical, delayed, and disordered speech sound development. You will learn about some strategies to support speech sounds, including Cued Articulation. There is also a video of Cued Articulation actions available on our webpage.

'Stammering' will discuss the causes of stammering and how you can best support your child at home. There will also be time to share your concerns and experiences. This session is aimed at parents/carers of children of preschool or primary age.



The sessions are run on a rolling programme with each topic being covered once every six weeks. The sessions last either an hour or an hour and a half depending on the topic.