

We meet at

The **Therapy Space** at The Veranda,
Mount Gould Hospital, PL4 7QD.



You can call us on:
01752 435510

Psychotherapy Service The Feelings Team

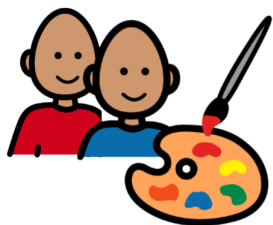


Helping people who have
intellectual disabilities with their
feelings.

Pictures from Photosymbols, Clipart, Widgit and from pixabay.com
Plymouth Community Learning Disabilities Team/FMS/strapline updated 09-2019

We support people to lead independent, healthy lives

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You will meet 1 of these 4 people:

An Art Therapist helps people with their feelings through making art.



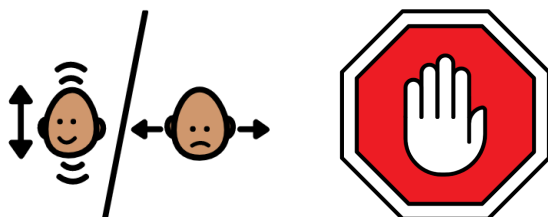
A Counsellor helps people with their feelings by listening and talking together.



A Dramatherapist uses stories to explore feelings and relationships.



A Music Therapist helps people with their feelings through making music together.



You can choose if you would like to attend and you can stop when you want to.