

Podiatry Services

MSK Patients Information Leaflet

Accessing Podiatry & Replacement Or Additional Orthoses After Being Discharged

You have now been discharged from Podiatry Services, but should you need to see the Podiatrist again, please follow the advice given here:

- If your **original symptoms** return or worsen within 1 year of your last appointment, then please contact Podiatry to book another appointment. Your last appoint was _____
- If you have developed a **new or different** pain, please visit your GP for them to consider a new referral to Podiatry
- You may not need to continue using your insoles, but if you would like to continue and they have worn out or you would like a second pair, please follow this advice:
 - Worn out insoles which are causing discomfort can be refurbished or replaced as required. Please contact the Podiatry Service for advice
 - If it has been **a year or more** since your last appointment, please telephone Podiatry Services for a replacement of your insoles. You are allocated 1 pair per year if required
 - If you would like additional pairs of insoles (more than your one pair per year) must be purchased. You can find out how to do this by contacting the Podiatry Service

Contact Details

Podiatry Services
Beauchamp Centre
Mount Gould Hospital
200 Mount Gould Road
Plymouth
PL4 7QD

Tel: 01752 434855

Email: livewell.podiatrypatients@nhs.net



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