- Income related Employment and Support Allowance
- Pension Credit Guarantee Credit
- A NHS Tax Credit exemption certificate
- Universal Credit
- On a low income and is named on certificate HC2 or HC3.

To find out more, call the national helpline on 0300 330 1343, and ask for leaflet "Help with Health Costs" or visit:

www.nhs.uk/nhs-services/help-with-health-costs

If you have any questions about the information in this leaflet, please contact Podiatry Services.

Further information about the service and how to manage a range of foot health problems yourself, can also be found on our website: <a href="https://www.livewellsouthwest.co.uk/project/podiatry">www.livewellsouthwest.co.uk/project/podiatry</a>

#### **Contact Details**

Podiatry Services
Beauchamp Centre
Mount Gould Hospital
200 Mount Gould Road
Plymouth
PL4 7QD

Tel: 01752 434855

Email: livewell.podiatrypatients@nhs.net



## **Podiatry Services**Patient Information Leaflet



# **Transport Options for Podiatry Patients**(March 2023)

#### Why have I been given this leaflet?

This leaflet is to assist you to attend one of our Podiatry Clinics to receive your care. Whilst we appreciate that it can be difficult to attend a clinic appointment, you can be assured that we will ask you to attend the clinic nearest to your home where possible. This leaflet provides you with information about transport options to make your attendance as easy as possible.

#### **Friends and Family**

Being taken to appointments by a friend or family member is the preferred option used by many of our clinic patients, however we do recognise that this is not an option for everyone.

### **Public Transport in Plymouth, West Devon and South Hams**

All our clinics in Plymouth are on or near major bus routes and access by bus is available to most of our clinic locations in the South Hams and West Devon. If you have a disability and a bus pass you may be entitled to a "companion pass" offering free travel to someone accompanying you.

- For details in Plymouth call, 01752 668000 or visit: <u>www.plymouth.gov.uk/plan-your-bus-journey</u>
- For Devon call, 0345 155 1004 or see: <a href="www.traveldevon.info/bus">www.traveldevon.info/bus</a>
- Devon County Council can also help with buses by telephone on 01392 382800, or visit: <a href="www.devon.gov.uk/buses">www.devon.gov.uk/buses</a>

#### **Taxis**

If you need assistance, taxis have legal duties to help passengers (unless medically exempt) by offering reasonable help to someone getting in and out of a vehicle, making sure they are safe and a wheelchair is secured correctly. For further details please visit: <a href="https://www.plymouth.gov.uk/helping-disabled-passengers">www.plymouth.gov.uk/helping-disabled-passengers</a>

#### **Access Plymouth**

A not-for-profit organisation run by volunteer drivers available to all patients within the Plymouth area. There is a minimal fee. Call them on 01752 600633 or visit their website at www.accessplymouth.co.uk

#### Yelvercare

A small charity offering transport and other services for residents of Yelverton. They can be contacted on 07775 695864.

#### **Ivybridge & District Community Transport Association**

A charity covering Ivybridge, South Brent, and Yealmpton. They can be contacted on 01752 690444 and more information is available on their website - <a href="https://www.ringandride.net">www.ringandride.net</a>

#### **Modbury Caring**

A transport service to take patients registered with Modbury Health Centre for appointments there. Can be contacted on 01548 830666.

#### **Norton Brook Medical Centre**

A transport service to take patients registered with Norton Brook Medical Centre for appointments there. Can be contacted on 01548 855128.

#### **Tavistock Area Support Services**

A voluntary organisation providing expert advice on travel options in the West Devon area which includes Tavistock to Okehampton. Their contact number is 01822 617525. More information is available on their website: <a href="https://www.tasstavistock.org.uk">www.tasstavistock.org.uk</a>

#### **Help with Travel Costs**. (HTCS)

Patients (and sometimes their escort) may be entitled to help with travel, parking and toll costs if they receive:

- Income support
- Income based Job Seekers Allowance