

It's such a rewarding job and we feel so privileged to do what we do and to be there for someone at the end of their life with their families.

- Community Nurse

### Contact details

Monday to Friday, 8:30am - 5pm:

Contact the District Nurses on

.....  
Out of hours, 5pm - 8am, seven days a week:

Contact the Palliative GP service via NHS 111 (press option 2 for palliative care need)

 Livewell Southwest

 @livewellsw

# Planning for end of life



*We support people to lead independent, healthy lives*

**Livewell**  
Southwest

## Planning for end of life

Death and dying are inevitable. The quality and accessibility of the care we and our loved ones receive at this time affects us all deeply and there is only one opportunity to get it right for each person.

Our work delivering community health services and adult social care means Livewell Southwest provides the majority of palliative and end of life care to people in our local communities.

End of life care involves treatment, care and support for people who are nearing the end of their life. It's provided no matter who the individual is, where they live or the circumstances of their life.

We aim to provide excellent care and support to people who are dying, and their families and carers, by managing physical symptoms and getting emotional support for all involved.

It's important to us that we support an individual's choice and help them to stay in their preferred place of care, as comfortably as possible in the time they have left.

We help the person and the people important to them to have honest, informed and timely conversations about their wishes. As well as listening to the person who is approaching end of life, those who care for that person are heard and supported, their own fears and concerns are recognised.

Our Inpatient Nurses, District and Community Nursing service and End of Life Champions work closely with specialist services, acute hospitals and hospices so that a person's needs are met as they change.

And we support and advise loved ones immediately after someone has died, as well as during the bereavement process.

## More information

More detailed publications about these services is provided as people need it, and there is more information available on our website:

[www.livewellsouthwest.co.uk](http://www.livewellsouthwest.co.uk)

## About Livewell Southwest

Livewell Southwest delivers adult and children's physical and mental health services and adult social care in Plymouth and adult health services in west Devon. We're proud to be a social enterprise, which means our profits are reinvested in improving our services and the communities we serve.

