

Podiatry Services

Patient Information Leaflet

Rocker Sole Footwear

(V2 January 2024)

Sizes and fitting vary - always try fitting with any insoles issued by your health care provider before purchase. Removal of the manufacturer's insole will help to free up space for your specific insoles.



Walkmaxx Blackfit The Wide, Supportive exercise shoe. Widely available from various online and highstreet stores.



Skechers Go Walk Workout Walker – Walking/running trainers.
www.skechers.co.uk



Hoka One One – Running trainers, walking shoes and boots.
www.hoka.com



Saucony Endorphin Speed – Running trainers
www.saucony.com



Clarks Wavewalk

Walking shoes, casual shoes, boots and sandals
www.clarks.co.uk

Joya – Walking shoes/boots, trainers, casual shoes, sandals, boots. www.CheerfulSoles.co.uk



Gdefy

– Trainers.
www.gravitydefyer.com

If you have any questions about the information in this leaflet, please contact Podiatry Services. Further information about the service and how to manage a range of foot health problems yourself, can also be found on our website:
www.livewellsouthwest.co.uk/project/podiatry

Contact Details

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