

To receive support from an LDAP Key Worker you must:

- Have a diagnosis of autism and/or a learning disability
- Be assessed on the Dynamic Support Register as either 'Red, Blue or Amber'
- Be registered with a Plymouth GP

Contact us:

Our service is open Monday—Friday 9am-5pm

You can contact us by emailing:

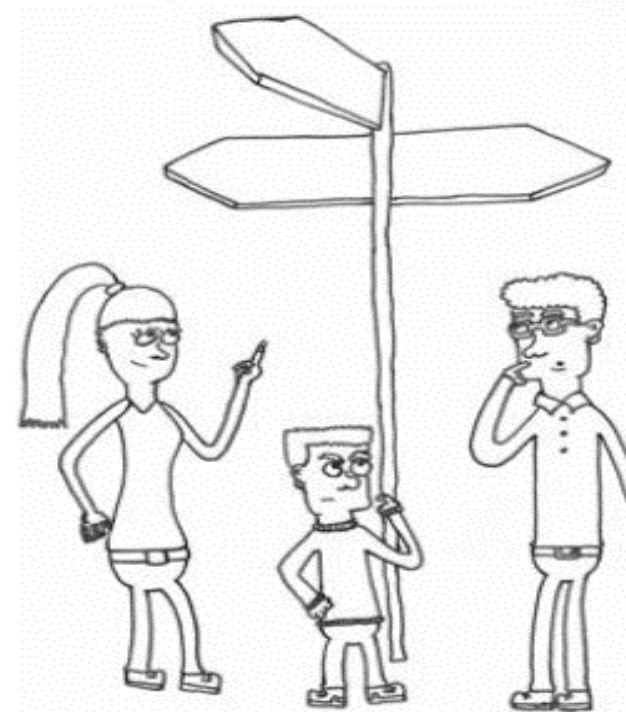
livewell.ldapkeyworkers@nhs.net

For more information, please scan this QR code to visit our website:



(Drawings created by David Gill, Lived Experience Advisor, NHS England).

Learning Disability and Autism Programme (LDAP)



What is the Learning Disability and Autism Programme (LDAP)?

LDAP (Learning Disability and Autism Programme), started as part of a nationwide pilot as recommended in the NHS Long Term Plan. Our remit is to support young people with a diagnosed Learning Disability and/or Autism who are at risk of mental health hospital admission or placement breakdown. We work alongside other agencies in your network to ensure that you are getting the right support, in the right way and at the right time. We support young people up until age 25.

We work with young people on the Dynamic Support Register (DSR). The Dynamic Support Register is used to identify people at risk of admission to a mental health hospital. We currently work with people who are rated **RED**, **AMBER** or **BLUE** (inpatient) on the DSR. When you make a referral to LDAP, our clinicians will assess your needs to identify if you are eligible for support.

Our Service has been developed as a response to the NHS England Long term plan. You can find out more about this by accessing this website

www.england.nhs.uk/learning-disabilities/care/children-young-people/keyworkers/



How do we support children and young people?

The aim of the Keyworker is to ensure children, young people and their families' voices are heard and represented and they have the right support from services at the right time. Keyworkers will not replace any of the professionals currently working with you, but will work in partnership with them, and with you and your family, to ensure decisions made are with you, not for you.

Keyworkers can support by:

- Advocating for you, and your family, to ensure your voices are heard, understood and respected
- Ensuring you have the right support from services, when you need it
- Supporting services to work with you in a joined-up way
- Representing you when you may not feel confident or able to speak up for yourself
- Giving you information and guidance in a way that will help improve the quality of life for both you and your family.
- Helping you to work with and have access to health, care, education and voluntary organisations
- Helping you with the transition into adulthood and adult services.