

While You Wait

**Is your child (aged 0-18) on a neurodiversity waiting list?
(including Autism, ADHD, learning difficulties etc)**

**Parents and carers, do you need wellbeing support and advice
while you wait?**



Come along to our drop ins....

**Tuesdays 9am-11am at Fourwoods Family Hub, 415
Crownhill Rd, Plymouth, PL5 2LN**

**Wednesdays 9am-11am at the Jan Cutting Healthy
Living Centre, Scott Business Park, Beacon Park
Rd, Plymouth, PL2 2PQ**



No appointment needed, just turn up!

**Children, Young People and Families
Neurodiversity Wellbeing Team**

Livewell
Southwest