

Children and Young People's Neurodiversity Wellbeing Team

A casual meet up for parents and carers of neurodivergent children (no diagnosis required). Come along and meet our Community Support Workers and have a cuppa and a chat. No need to book, just turn up - and your little ones are more than welcome!



Coffee & Connect

Mondays, 9-10.30am
Rees Centre Wellbeing
Hub, Plympton
PL7 2PS

Weds, 9.15-10.45am
DELL Emerging Family
Hub, High View School,
Efford PL3 6JQ

Fridays - 11:15-12:45
Plymstock Library, 10
Horn Cross Rd,
Plymstock, PL9 9BU

New Location TBC

**For further information please contact our advice line
Monday to Friday from 09.00-11.00 or 14.00-16.00**

Tel: 01752 435404