

Rocker Sole Footwear

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This is not an exhaustive list. Sizes and fit may vary, so always try footwear with any insoles provided by your healthcare provider before purchasing. Removing the manufacturer's insole can help create more space for your functional insoles.



MBT Safety Guardza Unisex and **Omega Black**

Steel toe cap shoes, unisex

www.mbt.com



Fitville

Running trainers, walking shoes, work shoes, sandals

www.thefitville.uk



Hoka One One or **Bondi 8; Carbon; Clifton; Skyflow**

Running trainers, walking shoes, work shoes

www.hoka.com



Saucony Endorphin

Running trainers

www.saucony.com



Asics Metaride; Novoblast; Glideride 3; Nimbus

Running trainers, light weight

www.amazon.co.uk



Joya

Walking shoes/boots, trainers, casual shoes, sandals, boots

www.cheerfulsoles.co.uk

www.shoemed.co.uk/collections/rocker-shoes



Gdefy

Trainers

www.gravitydefyer.com

If you have any questions about the information in this leaflet,
please contact Podiatry Services.

For more information about our services and how to manage common foot problems at home, please visit our website: www.livewellsouthwest.co.uk/project/podiatry

Contact Details

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