

**REGISTER OF INTERESTS: LIVEWELL SOUTHWEST CIC**

The board directors of Livewell Southwest CIC have declared the following interests:

NAME	POSITION	DECLARED INTEREST
<b>COMPANY DIRECTORS (voting)</b>		
<b>Non-Executive Directors</b>		
Karen Cook	CIC Chair	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Sole director of own company, KMC Business Consulting</li> <li>• Member of Athena Learning Trust</li> </ul>
Annette Benny	Non-Executive Director	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Independent Member of the Audit and Governance Committee, Plymouth City Council</li> <li>• Owner of flower business</li> </ul>
Mike Lincoln	Non-Executive Director	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Livewell Primary Care Group Limited</li> <li>• Director of Livewell Southwest Group Limited</li> <li>• Family member employed by LSW CIC</li> </ul>
Juliet Simmons	Non-Executive Director	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Livewell Primary Care Group Limited</li> <li>• Trustee of The Livewell Foundation charity</li> </ul>
Jacqueline Lyttle	Non-Executive Director	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Plymouth Community Dental Service Limited</li> <li>• Sole director of own company, JSL Consulting and Associates Limited</li> <li>• Board member of AGE UK Torbay</li> <li>• Independent Chair of East Cornwall PCN</li> <li>• Chair of Torbay Street Pastors Charity</li> </ul>
Andrew Honey	Non-Executive Director	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Anient Ltd, own consultancy business</li> <li>• Director of Dynamic Arts Ltd, own artistic creation business</li> <li>• Institute of Directors Local Ambassador - volunteer role</li> <li>• Arts University Plymouth - Board of Governors and member of Finance &amp; Estates Committee</li> </ul>
<b>Executive Directors</b>		
Michelle Thomas	Chief Executive Officer	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Chair of Western Local Care Partnership</li> <li>• Livewell lead on the ICS children group</li> <li>• Chair of the ICS Children and Young People Joint Forward Plan</li> <li>• Member of the Plymouth Local Care Partnership</li> <li>• Chair of Southwest Collaborative Mental Health CEO Group</li> </ul>

November 2025 – EXTERNAL REGISTER

Geoff Baines	Deputy CEO & Transformation Director	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Plymouth Community Dental Service Limited</li> <li>• Trustee of The Livewell Foundation charity</li> <li>• Chair of the Mount Gould Steering Group, reporting to the ICB Western Estates Strategy Group</li> <li>• Leading data analysis activity for the ICB on use across Devon of CHC funding</li> </ul>
Kat Chilcott	Director of Finance	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Livewell Southwest Group Limited</li> <li>• Family member employed by ICB</li> </ul>
Ian Lightley	Chief Operating Officer	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> <li>• Director of Livewell Southwest Group Limited</li> </ul>
Vaishali Bhate	Chief Medical Officer	<ul style="list-style-type: none"> <li>• Director of Livewell Southwest CIC</li> </ul>
<b>MEETING ATTENDEES (non-voting)</b>		
Dawn Slater	Director of People & Professionalism	<ul style="list-style-type: none"> <li>• Senior Responsible Officer (SRO) for ICS workforce stream</li> <li>• Volunteer with the Plymouth Highbury Trust</li> </ul>
Trish Cooper	Acting Director of Safety & Quality	<ul style="list-style-type: none"> <li>• Family member is a trustee of Lynch Syndrome UK, a registered charity</li> </ul>