

# RESEARCH NEWSLETTER

## New Studies

## Study Outcomes

### • COMPLEX EMOTIONS HUB

The study team are aiming to recruit up to 300 diverse participants (split over Sheffield & Livewell) who self-identify as having difficulties with complex emotions, with or without a formal diagnosis. By working with participants over time, we will explore how emotions, relationships, and behaviours interact, and how social and cultural factors shape these experiences. The findings will help improve care for both individuals and professionals.

### • CECILIA

The study will be asking people and children with learning disabilities and autistic people and children, families and carers, C(E)TR panel members, and health, education and social care professionals including paid and unpaid care staff and Experts by Experience. The study team want to hear about their experiences and opinions of C(E)TRs and would like them to complete a survey. It should take about 25 to 30 minutes to complete and the study team can provide help to complete it. Those that take part will also get a £20 voucher.

### • CARES-WELL

The study ultimately aims to support employers to implement effective and sustainable interventions/innovations that promote health and social care staff wellbeing. Their goal is to support employers to create work environments that not only reduce harm, but where staff want to work, feel productive and flourish.

Livewell were a promoting site for the **Parent Carer Study** back in 2022. It was the first study looking a parent carer suicide and Birmingham University are using their findings to push for real change to our government.

### Long Covid- STIMULATE Study Patient Feedback

"I found the team excellent to work with, and very compassionate, as they picked up on the fact that I was quite depressed at the time as well. I was very pleased with them and overall, it was a positive experience."

## FURTHER INFORMATION

Are you a staff member interested in research?

Visit the NIHR for funding opportunities

<https://www.nihr.ac.uk/funding-opportunities>

Or visit our Research Hub on the Livewell Staff Hub.

## CONTACT INFO

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