

Children, Young People and Families Neurodiversity Wellbeing Team

We offer a free, confidential advice line for children, young people and families on the Neurodiversity Pathway in Plymouth, Devon and Torbay.

Advice can include:

- Anxiety
- Diet
- Friendships
- Sleep
- Linking with other teams and services in your area
- School difficulties
- Support strategies



Contact us: 01752 435404

Monday - Friday, 09:00-17:00

Have your say:

Share feedback to help us improve our services. Use the QR code to complete the questionnaire.



We support people to lead independent, healthy lives