

Local Support Services

- First Response: 111
- Citizens Advice Plymouth: 0808 2787 910
- Adult Social Care: 01752 435502
- Local Wellbeing Hubs
- Trevi: 01752 255758
- Harbour: 01752 434343
- Plymouth Energy Community: 01752 477117
- Shelter: 0344 515 2399
- Plymouth Community Homes: 0808 230 6500

“I trust in you. You listen to me and understand my situation better than anyone else has. I can see you making a difference to my life in a good way now. You are listening to me and getting the right help for what I need in my life”

- FUSE Client



200 Mount Gould Road, PL4 7QD

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01752 435542

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Livewell.fuse@nhs.net

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**Frequent Use
Support and
Empowerment
(FUSE)**



Who Do We Support?

We support people who have attended the Emergency Department at Derriford Hospital more than expected. These attendances can be due to physical health, mental health, or both.

Our Team:

Our team is made up of Advanced Health Improvement Practitioners, who each have a variety of backgrounds, skills, and areas of expertise, a Citizens Advice Plymouth caseworker, and a Senior Health Improvement Practitioner.

How Can We Support You?

- Person Centred Care – putting you at the centre of your care by asking “*What matters to you?*”
- Liaise with other professionals and arranging coordinated care
- Support and advocacy when creating your personal care plan
- Linking you with the right support services in the community
- Work with you, your care team, your family, medical teams, and others, to ensure your needs are being met

- Interventions such as:
 - Psychoeducation
 - ‘Walk-and-Talk’
 - Care Plan Coordination
 - Signposting to local community services
 - Empowering you to take back control of your health
 - 1-on-1 Support

