

Children and Young People's Neurodiversity Wellbeing Team

Hosted by Livewell Southwest - a free service for 0-18 year olds with any neurodivergent need, and their families (no diagnosis required).

**A casual meet up for parents and carers of neurodivergent children (no diagnosis required). Come along and meet our Community Support Workers and have a cuppa and a chat.
No need to book and your children are more than welcome!**



Coffee & Connect

Monday 9-11am
Rees Wellbeing Hub
Mudge Way, Plympton
PL7 2PS

Wednesday 9.15-10.45am
DELL Emerging Family
Hub, High View School,
Efford PL3 6JQ

Thursday 9:30-11:00am
Friends and Families,
The Virginia House
Centre Plymouth PL4
0DQ

Final Friday of each
month 11:15-12:45
Plymstock Library, 10
Horn Cross Rd,
Plymstock, PL9 9BU

**For further information please contact our advice line
Monday to Friday from 9-5pm**

Tel: 01752 435404

We support people to lead independent, healthy lives